

Creating a Daily Schedule for Distance Learning

Distance Learning is like having a classroom in your house. Just like at school, your success with learning can be improved by being consistent and on-task to focus on learning. While you are a part of Distance Learning, you and your guardians will need to make these scheduling decisions. Creating a routine will help take the guessing out of your day and be ready each day for your learning experiences.

The sample below will give you an idea of how to plan your day. The times used are just for an example. Additional schedule ideas are available on teachers' Google Classrooms and teacher websites.

7:30 AM	Get ready for the day! Wake up, brush, teeth, get dressed, and eat, etc.
8:30 AM	Get organized! Check your learning space, check for information from your teachers, gather any materials needed, turn on device, etc.
8:45 AM	Get learning! Begin math or ELA lessons and activities
10:15 AM	Take a break! Stretch, snack, check for messages from your teacher
10:30 AM	Get back to learning! Begin math or ELA lessons and activities
12:00 PM	Take a lunch break!
12:30 PM	Get some movement!
1:00 PM	Get back to learning! Begin social studies or science lessons and activities
1:30 PM	Get ready to end your lessons! Check over all of your work; be sure to check again for messages from your teacher, turn-in your work
1:40 PM	Great job! You completed a day of Distance Learning!

Remember, checking for your lessons and assignments every day is the easy part. Making sure that you complete everything each day can be a bit harder. Sticking to a routine will help you along.

Another key to success is **a distraction free learning space**. Use this space when it's time to learn. Be sure to have a clean working space where you can sit with.

Getting used to Distance Learning will take a little time. But, if you follow the steps above, you will have the hang of it before you know it. Remember, your teachers are ready to support you. You've got this!